

FREE KJV PRINTABLE

# Bedtime Bible Verses

*20 King James verses for the end of the day - for adults and children alike.*

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Read one aloud at lights-out. Tape one above the crib. Carry one in your wallet for the nights you cannot sleep. Scripture before sleep is one of the oldest Christian habits there is - the puritans called it 'closing the day with God.'

## **A simple bedtime liturgy**

1. Thank God for one specific gift from today.
2. Confess one specific sin from today.
3. Read one verse below, slowly, twice.
4. Pray Psalm 4:8 - 'I will both lay me down in peace, and sleep.'
5. Sleep.

BEDTIME BIBLE VERSES \* cut, share, sleep in peace

*"I laid me down and slept; I awaked; for the LORD sustained me."*

- Psalm 3:5

*"I will both lay me down in peace, and sleep: for thou, LORD, only makest me dwell in safety."*

- Psalm 4:8

*"I will bless the LORD, who hath given me counsel: my reins also instruct me in the night seasons."*

- Psalm 16:7

*"Keep me as the apple of the eye, hide me under the shadow of thy wings."*

- Psalm 17:8

*"The LORD is my shepherd; I shall not want. He maketh me to lie down in green pastures."*

- Psalm 23:1-2

*"Into thine hand I commit my spirit: thou hast redeemed me, O LORD God of truth."*

- Psalm 31:5

*"When I remember thee upon my bed, and meditate on thee in the night watches."*

- Psalm 63:6

*"He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty."*

- Psalm 91:1

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*"Thou shalt not be afraid for the terror by night."*

- Psalm 91:5

*"He that keepeth thee will not slumber. Behold, he that keepeth Israel shall neither slumber nor sleep."*

- Psalm 121:3-4

*"He giveth his beloved sleep."*

- Psalm 127:2

*"The darkness and the light are both alike to thee."*

- Psalm 139:11-12

*"When thou liest down, thou shalt not be afraid: yea, thou shalt lie down, and thy sleep shall be sweet."*

- Proverbs 3:24

*"Thou wilt keep him in perfect peace, whose mind is stayed on thee."*

- Isaiah 26:3

*"His compassions fail not. They are new every morning."*

- Lamentations 3:22-23

*"Come unto me, all ye that labour and are heavy laden, and I will give you rest."*

- Matthew 11:28

**BEDTIME BIBLE VERSES \* cut, share, sleep in peace**

*"Peace I leave with you, my peace I give unto you... Let not your heart be troubled."*

**- John 14:27**

*"And the peace of God, which passeth all understanding, shall keep your hearts and minds."*

**- Philippians 4:7**

*"Casting all your care upon him; for he careth for you."*

**- 1 Peter 5:7**

*"The LORD bless thee, and keep thee... and give thee peace."*

**- Numbers 6:24-26**